

The Rest of God

I have found the place of
rest
Hidden by the character
of God
There in His love
Covered by His
promises
My anxious soul finds
rest

Rest from worry
Freedom from
restlessness
Quiet from my stormy
thoughts
My heart is stilled
In perfect peace

By Naomi Fata ©2013

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Author's note: As I wrote this I was pondering the Sabbath rest written about in Hebrews 4. I believe there is rest in God that is available to us if we will ask and obediently discipline our hearts to become restful, choosing trust and belief.

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